Marylebone HEALTH CENTRE
Marylebone Health Centre:
17a Marylebone Road, London NW1 5LT
T 020 7935 6328 F 020 7224 2924

Information on Herbal Medicine Referrals

About Herbal Medicine

Western Herbal Medicine has its roots in tradition but uses modern medical knowledge and research to provide patients with the very best in healthcare.
Qualified practitioners are required to have studied Herbal Medicine at degree level for at least three or four years. The course closely parallels a conventional medical degree and you can expect your practitioner to be fully versed in clinical and diagnostic skills.
The medicines used are extracts of the whole plant, generally in a liquid preparation. Many of these plants have been used to create synthetic pharmaceutical drugs but have comparable therapeutic effect in their natural state.

For more information check out my website: www.maclennanshealth.com

About Your Medical Herbalist

Having previously worked as a litigation lawyer in the City, Euan requalified as a Medical Herbalist following five years of study to obtain his degree. He works as a locum at various clinics in Central London and has experience treating a wide range of health complaints. His patients include infants and the elderly.

What Conditions does Herbal Medicine Treat

Herbal Medicine can treat many of the conditions with which you might normally see your GP. There are some health problems that seem to respond particularly well to this branch of medicine, such as:

- Irritable Bowel Syndrome
- Inflammatory Bowel Disease
- Muscular aches and pains
- Respiratory conditions (coughs, breathing difficulty, chest infections, COPD)
- Stomach complaints
- Elevated Cholesterol
- Hormonal problems (irregular periods, PMS, PCOS)
- High blood pressure
- Anxiety and Stress
- Chronic Fatigue Syndrome
- Recurrent Infections
- Skin problems (eczema, psoriasis, dry itchy skin)

Appointments

All appointments are made through referral by your GP and may be booked through reception. Follow up consultations will be agreed with the Medical Herbalist at the end of your appointment.
The Medical Herbalist is available on Monday and Friday afternoons. A limited number of NHS appointments is available on each day.

Cost

Patients registered with Marylebone Heath Centre and referred by their GP are provided with a free consultation service. However, medicines will be charged but generally come to no more than £10 per week.

If you are a patient registered with a GP practice other than MHC you may arrange a consultation with the Medical Herbalist and a consultation fee will be payable. Please contact either the Surgery or email below for more information. (email:euan@maclennanshealth.com)